

ST. JOSEPH-ON-CARROLLTON MANOR CATHOLIC CHURCH
CONFIRMATION MAKE UP WORK

CLASS 5 – The Mass

(Please Return Make Up Work by the next Confirmation Class – August 24th)

NAME: _____

OPENING PRAYER

- Using your Life Teen Bible Read Matthew 26:26-28

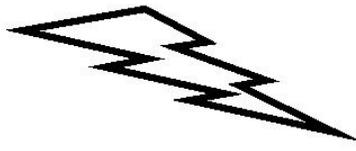
- Background History on the Scripture: This is the last supper. We hear this passage from the Gospel every time we go to Mass. This was the last words Jesus said to his apostles before he was arrested.

-Question: How do these scripture verses help you with your understanding of the Mass?

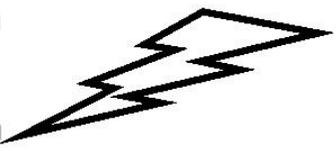
- *Say a prayer that ask God for help in your Confirmation journey as well as focuses on the importance of the Mass. Then call upon the Holy Spirit to be with you today.*

Mass Quiz

Complete the Mass Quiz on the next page...



MASS QUIZ



- 1) There are two parts of the Mass:
Liturgy of the _____
Liturgy of the _____
- 2) The first reading at Mass normally comes from the _____ Testament.
- 3) What is the name of the readings/song between the first and second readings?
- 4) The second reading at Mass comes from the _____ Testament.
- 5) What is our response after we hear the Lector say, "The Word of the Lord"...
- 6) What are the 5 liturgical seasons in the Church?
 1. _____
 2. _____
 3. _____
 4. _____
 5. _____
- 7) What prayer do we pray right before the Exchange of Peace?
- 8) True or False - It is a mortal sin to miss Mass.
- 9) What time are the Masses at St. Joseph's on the weekend?
- 10) What is the word for the bread and wine becoming the Body and the Blood of Christ during Mass?
- 11) When was the first Mass?
- 12) Who was the first person to leave the first Mass early?
- 13) How do we begin and end every Mass?

TEACHING NOTES

Read the following teaching notes on prayer.

True Presence of Jesus Christ

- Mass is all about the Eucharist.
- The Eucharist is what separates us from all other religions.
- As we read from the Last Supper in the closing prayer these words were given to us by Jesus.
- It may be hard to believe but God is truly present body, blood, soul, and divinity in the Eucharist.
- If you read John 6:66, you will see that some of the disciples left because they could not take this teaching. So we know that Jesus wasn't talking figuratively. That is teaching was hard to understand but so important to our lives as Christians.

What does it mean for me?

- The Mass should change you every time you go.
- You are hearing the Word of God in scripture and through the priest/deacon's homily and you receive Jesus in the Eucharist.
- The Church speaks of the Eucharist being the Source & the Summit.
- Imagine a mountain and a valley. The Eucharist is our valley (our source) from where we begin and the mountain (our summit) is where we are going to. This repeats over and over in our lives. We always need Jesus in the Eucharist to help us grow in faith, hope, and love.

The Mass is boring.

- Some people say this, but it can't be further from the truth.
- Maybe it is more because you don't understand the Mass.
- It is our duty to continue to grow more in our understanding of our faith, especially of the Mass.
- Everyone who comes to Mass is called by the Church to "full, conscious & active participation."
- If you are just sitting there and spacing out during Mass of course you aren't going to get anything from it.
- Be active! Listen! Sing! Read! Pray!
- The Mass can change you are open to it.

What did you learn from the teaching notes?

YOUCAT

Read Paragraph #208-223

Be reminded that the YouCat is a tool for you to use at all times when you have questions of faith.

Question: What is something you learned/can take away from the paragraphs you read on the Eucharist/The Mass?

SMALL GROUP QUESTIONS

1) Do you go to Mass every weekend? Why do you go to Mass? Answer honestly.

2) Have you ever heard of the Eucharist being called the Source & the Summit?
Source & Summit means that you are always going from or returning to
What are examples a source & summit in our lives?

3) Is it hard to believe in the true presence of Jesus in the Eucharist?
How do we know that Jesus is truly present?

4) We are called to “full, conscious & active participation” in the Mass.
Ask for some examples on how we can do that.

CLOSING PRAYER

- Take some time to reflect on how you can grow in your appreciation for the Mass.
- See the list below of suggestions of possible commitments you can make to make Mass more fruitful for you.
- Pick 1-3 different committees you feel like you could try to do & write them down below.
- Before signing and dating the card offer a silent prayer to God.

Possible Mass Commitments I Can Choose

I will go to Mass every Sunday.

(If you are not doing this now, this should be your 1st commitment)

I will ask my parents to bring me to Mass every Sunday OR I will get a ride from someone I know who is going to Mass, if my family can't take me.

I will fast from eating any food one hour before Mass.

I will dress properly for Mass.

I arrive to Mass at least 10mins before Mass begins.

I will not leave until the closing song is done.

I will avoid distractions by turning off my cell phone, not talking to those around me, and not taking multiple restroom breaks.

I will pray the prayers being offered during Mass.

I will sing the songs during Mass.

I will pay attention during the homily.

I will try to take away one thing I learned from going to Mass that week either in the readings or in the homily.

I will receive the Eucharist worthily every Mass.
(Being freed from serious sin by going to Confession)

I will kneel during the consecration at Mass.

I will prepare for Mass by reading the Sunday readings ahead of time. I will listen to a podcast or find another way to understand what the readings are about before Sunday Mass.

Answer the following Question:

How has this closing prayer let you see prayer in a new way?