

Grow in your relationship with Our Lord in 2017 by participating in Parish Life at St. Joseph's.

Small Groups

Small groups start up again in Lent and will focus on learning how to encounter God in prayer. Join a group that fits your schedule and location.

Bible Study

Learn the big picture of the Word of God through the Bible Timeline. Begins in January. Offered on Thursday mornings from 10-11:30 am, as well as Thursday evenings from 6:30-8pm.

Books

-**Resisting Happiness** by Matthew Kelly. A true story about why we sabotage ourselves, feel overwhelmed, set aside our dreams, and lack the courage to simply be ourselves... and how to start choosing happiness again!

-**A Father Who Keeps His Promises** by Scott Hahn. Hahn explores the "covenant love" God reveals to us through the Scriptures and explains how God patiently reaches out to us—despite our faults and shortcomings—to restore us into relationship with his divine family.

-**Rediscover Jesus** by Matthew Kelly. Kelly takes you on a 40-day spiritual journey to encounter Jesus—the amazing friend who is going to help you answer life's tough questions.

-**Falling Upward** by Richard Rohr. In *Falling Upward*, Father Richard Rohr—the founder of the Center for Action and Contemplation—offers a new paradigm for understanding one of the most profound of life's mysteries: how our failings can be the foundation for our ongoing spiritual growth.

-**Immortal Diamond** by Richard Rohr. Father Rohr likens our true identity to a diamond, buried deep within us, formed under the intense pressure of our lives, that must be searched for, uncovered, and separated from all the debris of ego that surrounds it.

-**Breathing Under Water: Spirituality and the Twelve Steps** by Richard Rohr. We are all addicted in some way. When we learn to identify our addiction, embrace our brokenness, and surrender to God, we begin to bring healing to ourselves and our world

-**The Joy of the Gospel: An Apostolic Exhortation** by Pope Francis. Pope Francis's popular message of hope explores themes that are important for believers in the 21st century. Examining the many obstacles to faith and what can be done to overcome those hurdles, he emphasizes the importance of service to God and all his creation

-**The Joy of Love (Amoris Laetitia)** by Pope Francis. Maybe you come from a happy family, a healthy family. Or maybe yours is a flawed family, a struggling family, a broken family. Maybe you're scared to get married and have a family. No matter who you are, you are part of a family, and Pope Francis wrote this love letter to you

Online Resources

Netflix: Call Me Francis is a 4 part biographical miniseries that chronicles Pope Francis' life, his controversial political leanings, his remarkable humanitarian work and his ascent to Papacy starring Rodrigo de la Serna, Mercedes Morán and Muriel Santa Ana. (NOT SUITABLE FOR YOUNG CHILDREN)

Formed.org If you haven't taken a look yet, now is the time. Our access code is TYHYGQ. (Formed now includes children content, as well!)

-View a great movie, like *Mother Teresa*

-Check out different programs, including *Beloved*, an inspiring and informative series designed to help your marriage grow

-Read free e-books, like *Be a Man! Becoming the Man God Created You to Be!*